

Syllabus
John F. Kennedy University
Integral Studies Department

Introduction to Spiral Dynamics Integral (SDi)

Course Number: ISD5507, 1 unit

Winter, 2006

Friday, February 17, 6:00pm to 9:00pm

Sunday, February 19, 10:00am to 6:00pm

Cindy Lou Golin, Ph.D.

cell: (310) 776-1313 home office: (310) 576-0733

email: cindylougolin@yahoo.com

Objectives: Through didactic and audio-visual presentations, experiential exercises and discussions, students will gain a foundational understanding of Spiral Dynamics within the context of Integral Theory. The course objectives are:

1. To gain a basic theoretical understanding of SD from the context of integral theory
2. To gain an understanding of the SDi developmental levels theoretically, and personally, and to identify the various levels for greater self-awareness, identify the levels within the community, cultural, and global context
3. To survey SD assessment tools, change states and templates for a general knowledge of what is available for further study and focus
4. To learn of available SD resources and how this theory is currently being used (current literature, websites, workshops, anecdotal research, etc.)
5. To learn how to practically apply SDi in a variety of fields
6. To explore the potential and the limitations of SDi

Required Readings:

Golin, C.L. (2003). *An introduction to Spiral Dynamics*. Unpublished article. (will be email to students registered in the class)

3 flash media files and 1 article at <http://www.wie.org/directory/spiral-dynamics.asp>

Optional/Suggested Readings:

Beck, D. E. & Cowan, C. (1996). *Spiral dynamics: Mastering values, leadership, and change*. Malden, MA: Blackwell Publishers.

Wilber, K. (2000a). *A theory of everything: An integral vision for business, politics, science and spirituality*. Boston: Shambhala.

Course Requirements and Assignments:

1. Attendance, presence, and active participation.
2. Write a 4 to 5 page (double spaced) paper demonstrating a basic understanding of SDi by applying it to a real-life situation or a case study (to be provided by the instructor). Final papers must be post marked by Saturday, March 4th, 2006. Mail to: Cindy Lou Golin, 1015 S. Crescent Heights Blvd., Los Angeles, CA 90035

Tentative Course Outline

Friday, February 17th, 6:00pm to 9:00pm

Introductions

Introduction and History of Spiral Dynamics

Spiral Dynamics, Integral (SD and Wilber's four quadrants)

SDi's developmental levels (begin)

Discussion and questions

Sunday, February 19th, 10:00am to 6:00pm

SDi's developmental levels (continued)

Discussion and questions

Survey other aspects of SDi (change phases, change states, aligning the Spiral, templates, etc.)

Applications of SDi

Lunch

Applying SDi (experiential exercise: small group case study)

Discussion and questions